

Teen Dating Violence Resources

The Urgent Agenda to Address and Prevent Teen dating Violence

[Hanging Out or Hooking Up Teen Safety Card](#)

Last revised in 2017, the Hanging Out or Hooking Up (Adolescent Health) safety card challenges teens and young adults to reflect on how the person(s) they are dating or seeing treats them. It identifies the dynamics of healthy relationships and prompts teens to consider signs that may indicate abuse. This tool explores how to confront excessive text messaging and examines the difference between consensual versus pressured sex, as well as the ability to use birth control. Additionally, the card provides tips to those seeking ways to support a friend who may be facing relationship abuse.

[Love is Respect Helpline](#)

A project of the National Domestic Violence Hotline, **love is respect offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships.** We also provide support to concerned friends and family members, teachers, counselors, and other service providers through the same free and confidential services via phone, text, and live chat. Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.

- Call them at 1.866.331.9474
- Live chat on their website [here](#)
- Text line - text: "LOVEIS" to 22522

[StrongHearts Native Helpline](#)

American Indian and Alaska Native women suffer some of the highest rates of violence and murder in the United States, a crisis that has diminished the honored status of women and safety in tribal communities. In spite of the high rates of violence experienced by AI/AN persons, only a small percentage reached out for assistance to The Hotline at the National Domestic Violence Hotline. Today, StrongHearts has become a lifeline to Native American and Alaska Natives impacted by domestic and sexual violence by offering a culturally-appropriate, anonymous and confidential service available 24/7 nationwide.

- Call OR Text 1-844-7NATIVE (7628483)
- Live chat on their website at: strongheartshelpline.org



NEED TO TALK?

The StrongHearts Native Helpline **1-844-7NATIVE (1-844-762-8483)** is a safe, confidential and anonymous helpline for Native Americans affected by domestic violence and dating violence. Support and referrals to resources are available for free, Monday through Friday from 9 a.m. to 5:30 p.m. CST.

Callers after hours may connect with the National Domestic Violence Hotline or call back the next business day.



NOW 24/7

Domestic, dating and sexual violence advocacy now available 24/7.
Call, text or chat with an advocate today.



Safe. Anonymous. Free. Confidential.
1-844-762-8483 | strongheartshelpline.org

[We R Native](#)

For native youth by native youth. If you are a native youth and have a 'mind, body or spirit' question on your heart that a Relative can assist with good medicine, ask your relative. **What is Ask Your Relative?** Ask Your Relative is a team of educators, public health professionals, and caring adults supporting Native Youth through our Q&A service. Here, Native you(th) are able to ask us questions on a variety of topics ranging from how to flat stitch to snagging. We do our best to answer – as your relatives, we recognize the ways identity, culture, and community influence our lives and our health. If you are in crisis:

- Text 'Native' to 741741
- Call or text 988 from any phone for free 24/7 counseling support

[Teen dating Violence in the Black Community Fact Sheet](#)

Launched in 2016, Ujima Inc., The National Center on Violence Against Women in the Black Community serves as a national, culturally-specific services issue resource center to provide support to and be a voice for the Black Community in response to domestic, sexual and community violence. Ujima was founded in response to a need for an active approach to ending domestic, sexual and community violence in the Black community. Find here a fact sheet specifically on teen dating violence in the Black community.

[Teen Dating Violence Awareness & Prevention Month 2023 Podcast](#)

February is National Teen Dating Violence Awareness and Prevention Month (TDVAM). This is an issue that impacts everyone – not just teens – but their parents, teachers, friends and communities as well. Together, we can raise the nation's awareness about teen dating violence and promote safe, healthy relationships. The Family Violence Prevention and Services Act Program within the US Department of Health and Human Services, Administration for Children and Families is hosting a podcast with area teens about healthy relationships and the impact of dating abuse.

[Addressing Adolescent Relationship Abuse in School-Based Health Care](#)

School-based health providers can play an important role in promoting healthy relationships among adolescents! Please join the School-Based Health Alliance for a webinar on strategies school-based health providers can use to discuss relationship abuse and trafficking with their adolescent patients. This webinar will feature Lisa James, Director of Health at Futures Without Violence and Meg Kane, Clinical Quality Coordinator for School Health Services at Nationwide Children's Hospital. The presenters will provide a brief overview of adolescent relationship abuse. They will discuss considerations for implementing a protocol to address adolescent relationship

abuse in the clinical setting, and they will share learnings from their practical experience.

Teen Economic Abuse

Adolescence is a critical time for educational attainment and career development, preparing teens for a successful transition to adulthood and economic security. During these years, teens make important decisions about their future, have first romantic relationships, explore identities and sexuality, and receive first paychecks.

Unfortunately, physical, sexual, and psychological abuse from a dating or sexual partner is also common during these formative years. Economic abuse is well recognized as an element of power and control in adult relationships, with devastating consequences.

However, the ways in which teens experience economic abuse and its impact on educational attainment, career pathways, and financial resources has not been widely explored.

- [Report summary](#)